



WELCOME



T,

1

<i>FROM OUR PRESIDENT</i>	4
<i>OFFICERS OF THE BRANCH</i>	7
<i>MEMBERSHIP</i>	7
<i>SAVE THE DATE</i>	9
<i>MONDAY LITERATURE DISCUSSIONS</i>	10
Fiction.....	10
Nonfiction.....	10
Books by Authors Coming to Speak	11
<i>INTEREST GROUPS</i>	13
<i>MONDAY PROGRAMS</i>	14
January 6, 2025	14
January 13, 2025	16
January 20, 2025	18
January 27, 2025	20
February 3, 2025.....	23
February 10, 2025.....	25
February 17, 2025.....	27
February 24, 2025.....	29
March 3, 2025	32
March 10, 2025	34
PAGEREF _Toc183088378 \h March 17, 2025 ...	36
March 24, 2025	38

March 31, 2025	41
April 7, 2025	43
April 14, 2025.....	45
April 21, 2025.....	47
April 28, 2025.....	49
May 5, 2025	52
May 12, 2025	54
<i>LUNCH POLICY</i>	<i>56</i>
<i>ROOM RESERVATIONS</i>	<i>59</i>
<i>AAUW Funds.....</i>	<i>60</i>
<i>DEVELOPMENT</i>	<i>61</i>
<i>THE LIBRARY.....</i>	<i>63</i>
<i>SCHOLARSHIP FUND AAUW.....</i>	<i>64</i>
<i>SHARE UNUSED TOILETRIES.....</i>	<i>65</i>
<i>BAD WEATHER CLOSING OF AAUW</i>	<i>65</i>
<i>COURTESY REQUESTS.....</i>	<i>66</i>
<i>GALE MANSION FLOOR PLAN</i>	<i>67</i>
<i>MEMBERSHIP DATA UPDATES.....</i>	<i>68</i>

FROM OUR PRESIDENT

As we approach the middle of our 2024-2025 AAUW year, I have chosen to update you on some of the AAUW Public Policy Priorities as set out by our leaders from AAUW national in Washington, D.C. Additionally, I will be sharing the comments from a webinar on AAUW Impact in 2024.



First, we have lost some ground in the last eight years regarding discrimination. Some of the discrimination felt by both women and girls, along with members of the LGBTQ+ communities and members of the minority communities, have eroded the gains of the last 150 years. This means we must be more focused on our mission and work harder than ever to accomplish the goals we have set forth. True equity requires a balance between the rights of the individual and the needs of the community.

Title IX was a real victory for women and girls in 1972. Yet we continue to have sexual harassment and assault on our female athletes and LGBTQ+ members. Sexual misconduct and the new requirements for how colleges and universities deal with these issues began in 2016.

Through the efforts of the courts and legislation, new regulations have been instituted in 2024. There is a new component of Title IX that is a civil rights law prohibiting educational institutions from receiving federal aid if engaging in sex-based discrimination.

On the national scene we have much work to do. Student debt continues to be a problem. Women are affected more by this issue than their male counterparts. This is why the support our scholars receive is so vital. Your encouragement and mentorship help them to find their voices and meet their goals. Without our scholarship program college would not be available to many of our scholars.

According to the public policy set forth by AAUW National “AAUW promotes the economic, social, and physical wellbeing of all persons. Essential to that well-being are an economy that provides equitable employment opportunities; reduction of poverty; a living wage; quality, affordable dependent care; paid family and medical leave; safe, livable, and affordable housing; quality, affordable, and accessible health care for all including reproductive health care; and a clean, healthy, and sustainable environment. These are the priorities for us as members to work on, support our legislators to enact into law, and raise all members of our society help to achieve.”

In Minnesota, we still have not passed the ERA amendment. This is the year to make it happen.

Warmest regards,

Becky Farber, President

Our Past Presidents



Sheila Lind, Barbara Link, Mary Heller,
Lois Petersen, Diane Boruff, Shari
Parsons, Julie Ollila, Ann Vanvick, Carol
Sheldon

OFFICERS OF THE BRANCH

2024-2025

President	Becky Farber
Membership Co-Vice Presidents	Victor Barela Rae Cornelius
Program Development Vice President	Jan Mosman
Marketing Vice President	Judy Romlin
Development Vice President	Nell Wegmann
Treasurer	Laura King
Secretary for Recording	Ann Roach
Director at Large	Ann Vanvick

MEMBERSHIP

One of the favorite reasons most members cite for being a member of Minneapolis AAUW is the programs. Our speakers are incredible experts in their fields.

1. Our programs present a door to the arts in the Twin Cities. Architects, painters, photographers, and writers all share with us the wonderful worlds they create.
2. Our programs inspire us as we learn about the many organizations working to make our community a better place.

3. Our programs introduce us to scientific research that is pushing the envelope in so many different areas.

4. Our programs introduce us to women who are making a difference in our world.

Share your good fortune in being a member of Minneapolis AAUW with a friend.

Remember, the cost of a membership is reduced significantly in January and after!

New members who sign up in March get a 15 month membership for the price of a year (\$327).

Rae Beth Cornelius.. Membership Co-chair

Victor Barela Membership Co-chair



—

SAVE THE DATE

April 28 – Clothing Drive: *From Me to You*

AAUW PROGRAMS

Topics

- The Arts
- Education
- Empowering Women
- Environment
- Equity, Justice and Inclusion
- Health
- Literary Pursuits
- Public Policy
- Science & Technology

Focus Days/International Day

- March 31: That's Entertainment
- April 21: International Day
Tibet

"A woman is like a tea bag: You can't tell how strong she is until you put her in hot water." —
Eleanor Roosevelt



MONDAY LITERATURE DISCUSSIONS

Fiction

January 27 *The River We*

Remember

William Kent Krueger

February 24 *North Woods*

Daniel Mason

March 24 *The Women*

Kristin Hannah

April 28 *Table for Two*

Amor Towles

Nonfiction

Feb 24 *Death and Life of the Great Lakes*
Dan Egan

April 28 *A Fever in the Heartland: The Ku
Klux Klan's Plot to Take Over
America, and the Woman Who
Stopped Them*
Timothy Egan

Books by Authors Coming to Speak

January 13 – *The Minneapolis Reckoning:
Race, Violence and the Politics of
Policing in America*
by Dr. Michelle Phelps
Public Policy

January 27 – *Across the Lake*
by Patrick Hicks
Literary Pursuits

January 27 – *Myself Again: The Parents
Postpartum Survival Guide*
by Gabrielle Mauren
Michelle Wiersgalla
Health

February 3 – *The Six: The Extraordinary Story of
the Grit and Daring of America's First
Women Astronauts*
by Loren Grush
Empowering Women

February 17 – *Sharks in the Time of Saviors*
by Kawai Strong Washburn
Literary Pursuits

February 24 – *Unglued: A Bipolar Love Story*
by Jeffrey Zuckerman
Health

February 24 – *The River We Remember,*
by William Kent Krueger
Literary Pursuits

April 28^t – *And There He Kept Her,
Where the Dead Sleep*
by Joshua Moehling
Literary Pursuits

May 5 – *Before All is Said and Done: Practical
Advice on Living and Dying Well*
by Pat Miles
Health

**Check out books in the library on
Tibet, our International Day country**

INTEREST GROUPS

Fourth Mondays at 9:30 a.m.

Great Decisions and Travel alternate monthly.

Fiction book discussions meet monthly.

Nonfiction discussions and Hot Topics alternate monthly.

Book Discussions

Fiction: Julie Ollila

Heritage Room

Nonfiction: DeDe Scanlon

Founders Room

The list of books selected for this year are on **page 10** of this Bulletin. Discussion of the book is facilitated by a branch member.

Great Decisions

Presidents' Hall

Leader: Ruth Andersen

Great Decisions topics are about the most critical issues of the year ahead for global policy makers.

We will explore topics of current concern with input from videos and discussion.

Hot Topics

Founders Room

Leader: Lil Lindsey

Join us for lively, interactive discussions on newsworthy events and more.

Travel

Presidents' Hall

Leader: Kate Johnson

Our members travel all across the globe. Join us as they share their experiences.



MONDAY PROGRAMS

*January 6,
2025*

9:30 – 10:30 Health

Intersection of Mental Health and Different Abilities

Pat Pulice, Senior Vice President, Chief Clinical Office at Fraser, Community Behavioral Health Clinics

Fraser has been at the forefront of the disability and inclusion movement since 1935. As a Fraser psychologist for over 35 years, Pulice will share some of the challenges and successes families experience in supporting their children through adulthood as they pursue independence in their employment, housing and recreational experiences. Fraser offers a variety of services through adulthood for those who have a disability limiting their inclusion into the community for education, employment and housing.

Presenter: Manty Espinosa

10:45 – 11:45 Environment

**Compassion at Work: Inside the World's
Busiest Wildlife Hospital**

Tami Vogel, Executive Director, Wildlife
Rehabilitation Center of Minnesota (WRC)

WRC was founded at the U of M in 1979 as a student club of the Veterinary College. From those humble beginnings of just a few dozen animals admitted each year, WRC has grown into the world's busiest wildlife hospital. Learn about the inner workings of the WRC, a fully-functional emergency hospital for injured and orphaned wildlife. The WRC is funded by donations and provides entirely free services. Presenter: Leslie Swenson

11:45 Announcements
Luncheon

1:15 – 2:15 No scheduled program
Check the newsletter for activities/committee meetings.

January 13, 2025

9:30 – 10:30 Education

**Reimagining School
as a Training Program for Life**

Sarah Dallam, 2024 MN Teacher of the Year
Finalist

How many of us were taught how to balance a checkbook, go grocery shopping or advocate for ourselves? In this presentation Dallam will share with you the units she has created and implemented in her classroom to prepare her fifth graders for life outside of school.

Presenter: Diane Boruff

10:45 – 11:45 Public Policy

**Beyond Police Reform: Making Black Lives
Matter**

Michelle S. Phelps, PhD, University of
Minnesota Professor and Martindale Endowed
Chair of Sociology, Director of Graduate Studies
in Sociology

Phelps will discuss the impact of the conflicting
roles of police as both the promise of State
protection and the threat of police violence that

affects marginalized communities. There are complex policies that thwart change and sustain the fraught interactions of law enforcement within the community. Phelps will also address experiments in safety that can be part of the solution.

Presenter: Joyce Prudden

12:00 BUSINESS MEETING

Luncheon

1:15 – 2:15 The Arts

Sustainable Fashion: Vintage Shops and Thrifting

Jahna Peloquin, Freelance Style Writer; Owner, Rosella Vintage; Co-Founder & Advisor, Fashion Week MN

With over 15 years of experience in the local fashion industry, Peloquin is a celebrated style writer. She has made significant contributions to promoting sustainable practices in the fashion and beauty sectors with an emphasis on slow fashion creators and vintage styles.

Presenter: Cathryn Kennedy

January 20, 2025

Martin Luther King, Jr. Day

9:30 – 10:30 Environment

Protecting Minnesota's Northern Forests

Matt Bredezen, Attorney, 2023 Volunteer of the Year for Minnesota Land Trust

In our age of anxiety, northern Minnesota's forests can be our balm. There are poems in the pines, psalms in the spruces, and teachings in the tamaracks – if we listen. When we pay attention, we will treasure these places, and when they have our affection, we will conserve them. But we will save more than trees. We also will flourish.

Presenter: Diana Kamp

10:45 – 11:45 Science and Technology

A Poison Like No Other: How Microplastics Corrupted Our Planet and Our Bodies

Matt Simon, Senior Staff Writer at Grist Magazine, Author

Simon talks about his recent book, *A Poison Like No Other: How Microplastics Corrupted Our Planet and Our Bodies*, covering the ecological, climate, and human health impacts of this dangerous pollutant.

Presenter: Marilyn Listvan

11:45 Announcements
Luncheon

1:15 – 2:15 Equity/Justice/Inclusion

Tribal Nations and United States Relations

Angelique EagleWoman, Director of the Native American Law and Sovereignty Institute, Mitchell Hamline University; Chief Justice on the Sisseton-Wahpeton Supreme Court

Relations are evolving between Tribal Nations and the United States based on the enforcement of treaties, shared land areas, and as permanent neighbors. Legal scholars in the field of Native American law have organized the time periods of U.S. Indian policy into seven eras to provide organization to often inconsistent federal policies.

Presenters: Lil Lindsey
Lori Miske



January 27, 2025

9:30 – 10:30 Fourth Monday Interest Groups
Please see the Bulletin pages **10**

Travel Presidents' Hall
“To Travel is to Live”: Hans Christian
Andersen

Leader: Jennifer Olson

At age 12, I was privileged to visit Hans Christian Andersen's home in Denmark and William Shakespeare's birthplace in England. Seeing these places gives the authors a reality. I have visited more than 50 writers' homes. If you think Emily Dickinson's poems are sparse, you should see her house! I have traveled to many of Willa Cather and Virginia Woolf sites. I will also highlight our Minnesota literary homes, including Bob Dylan's.

Fiction Book Discussion Heritage Room
The River We Remember
by William Kent Krueger
Discussion Leader: Mary Moriarty

This is a mystery about a small town in southwestern Minnesota where many people have issues due to wars outside and inside the U.S. and how they are resolved. He writes " ...the river each of us remembers is different, and there

are many versions of the stories we tell about the past." William Kent Krueger is coming to speak to us on February 24th.

Hot Topics

Founders Room

Leader: Lil Lindsey

Join us for a lively interactive discussion on newsworthy events and more.

10:45 – 11:45 Health

Michelle Wiersgalla, MD, Psychiatrist

Perinatal psychiatric conditions are very common, and in recent years have become increasingly well-recognized and more effectively treated. Wiersgalla will review our current understanding, as well as lingering misconceptions about mental health in pregnancy and postpartum, including diagnosis, treatment options, and implications for personal and public health.

Presenter: Jennifer Olson

11:45 Announcements
Luncheon

1:15 – 2:15 Literary Pursuits

***Across the Lake: Researching and Writing
About the Only All-Female Concentration
Camp in the Third Reich***

Dr. Patrick Hicks, Professor of English and
Writer in Residence, Augustana University,
Sioux Falls, SD

Set in Nazi Germany's only all-female
concentration camp, *Across the Lake* is a story of
survival amid overwhelming brutality. With an
eye towards historical accuracy, this is an
unflinching portrayal of how prisoners supported
each other while holding onto their humanity,
unlike the female guards who were every bit as
vicious as the SS in other camps. Join us as
Hicks describes his powerful book.

Presenter: Jan Brue Enright



Jan
Paulsen welcoming new members and visitors

February 3, 2025

9:30 - 10:30 The Arts

**University of Minnesota Marching Band:
The Pride of Minnesota!**

Elizabeth Kerns McCann, Assistant Director of Bands, Director of Marching and Athletic Bands, Assistant Professor, U of MN

Ski U Mah!! As the Assistant Director of Bands at the University of Minnesota, McCann directs the “Pride of Minnesota” Marching Band, conducts the University Band, instructs undergraduate conducting, and manages the comprehensive Athletic Bands program. McCann is the first woman to head a Big Ten Marching Band and Athletic Bands program. Presenter: Shari Durdin

10:45 – 11:45 Empowering Women

**The Six: Women Astronauts Breaking the
Celestial Glass Ceiling**

Loren Grush, Space Science Reporter,
Bloomberg News

In the late 1970s, NASA opened up the criteria for astronaut candidates, allowing women and people of color to join the astronaut corps for the

first time. Learn about the history of women's fight to fly to space with NASA and how the first six US women astronauts overcame the odds on their journeys from science, academia, and medicine to breaking the celestial glass ceiling. Presenter: Nell Wegmann

11:45 Announcements
Luncheon

1:15 – 2:15 No scheduled program
Check the newsletter for activities/committee meetings



Kathleen Chesney, Pat Deckas Becerra,
Ann Carlson

February 10, 2025

9:30 – 10:30

**AAUW Funds and NCCWSL:
What, Who and Why**

Barbara Wonson, MN AAUW Funds Vice President

Wonson will educate us on the history and purpose of AAUW Funds. Also, last May we sent two of our scholars to NCCWSL (National Conference for College Women Student Leaders) who will share their experiences with us.

Presenter: Shari Parsons

10:45 – 11:45 Equity/Justice/Inclusion

Ensuring Equity at Blake School

Jessica Lipschultz, PK-12 Chair of Equity and Instruction, Blake School

Several years ago, staff at Blake School realized that they were not as inclusive as they needed to be to help all their students be successful. Using research and best practices, changes were made with the hope that Blake will not only meet its goals, but that they will be a model for other

schools. Lipschultz will talk about the results of this work.

Presenter: Laura Murphy

11:45 Announcements
BUSINESS MEETING
Luncheon

1:15 – 2:15 Public Policy

U.S. Foreign Policy in the Middle East

Shaherzad R. Ahmadi, PhD Associate
Professor of History, The University of St.
Thomas

Since the discovery of oil in Saudi Arabia in 1938, the United States has become increasingly invested in Middle East politics. Rising American influence following the Cold War transformed governance in the Islamic world and inspired ideologies countering western liberalism. Dr. Ahmadi, author of *Bordering on War*, will discuss the geopolitical alignments and political realities of the region.

Presenter: Shari Durdin

February 17, 2025

9:30 – 10:30 Literary Pursuits

50th State of Mind

Kawai Strong Washburn, Author, Winner,
2021 Minnesota Book Award

Hawai'i is the 50th state of the United States, but it is unlike any other state in the union geographically, racially, and culturally. What is it that makes Hawai'i so special and how does that change the way we view ourselves, the United States, and the world as a whole?
Presenter: Vicki Dunn

10:45 – 11:45 Environment

**Sulfide Mining Threatens Minnesota's Major
Watersheds: How Can We Protect
Minnesota's Clean Water for Future
Generations?**

Paula Maccabee, WaterLegacy, Advocacy
Director & Counsel

For 15 years, Paula Maccabee and WaterLegacy have worked in alliance with Tribes, using science, law, and organizing to defend clean

water from sulfide mining pollution and destruction. Learn about their legal victories, the challenges that lie ahead, and what you can do to protect Minnesota clean water, health, environmental justice, and sustainable economies.

Presenter: Nell Wegmann

11:45 Announcements
Luncheon

1:15 – 2:15 Science and Technology

Tech-Related Security and Intelligence

Richard Thieme, Author and Professional Speaker

Thieme has keynoted security conferences in 15 countries and spoken for the NSA, Secret Service, and FBI. A senior NSA official said, "The only way you can tell the truth is in fiction." Thieme did write fiction and was named by a CIA veteran as one of the five best serious spy fiction writers ever. His presentation illuminates how this brave new world happened to us.

Presenter: Lil Lindsey

February 24, 2025

9:30 – 10:30 Fourth Monday Interest
Groups

Please see the Bulletin pages **10**

Nonfiction Book Discussion Founders
Room

The Death and Life of the Great Lakes
By Dan Egan

Discussion Leader: Leslie Kreofsky

The Great Lakes hold 20 percent of the world's supply of surface fresh water. However, they are under threat as never before. Prize-winning author Dan Egan explains the ecological catastrophe happening right before our eyes as we interfere with the balance of Nature, and ways we can restore and preserve the lakes for generations to come.

Fiction Book Discussion Heritage Room
North Woods

by Daniel Mason

Discussion Leader: Sheila Grow

This highly acclaimed novel is about the succession of occupants (human and otherwise) of a cabin in New England over centuries. Mason uses mysticism and humor as he writes about how the past affects the future and leaves us

questioning what we leave behind.

Great Decisions

Presidents' Hall

**India: Between China, the West,
and the Global South**

Leaders: Ruth Andersen, Marilyn Listvan

India is an emerging major power in world affairs, occupying a pivotal position between China, the US, and the Global South. Its population size, economy, and geopolitical location ensure that it will be an influential voice as we move forward in political struggles. What are India's choices for regional and global leadership? How will it maneuver between China and the United States.

10:45 – 11:45 Literary Pursuits

Books by a Minnesota Author

William Kent Kruger, Novelist and Crime Writer

Krueger has written many novels including *Iron Lake*, *Ordinary Grace*, *A River We Remember*, *This Tender Land* and *Thunder Bay*. His best known mystery series featuring Cork O'Connor are mainly set in Minnesota. In 2014, his stand-alone book *Ordinary Grace* won the Edgar Award for Best Novel of 2013. In 2019, *This Tender Land* was on the *New York*

Times bestseller list for nearly six months.
Krueger lives in St. Paul with his wife and two children.

Presenter: Mary Moriarty

11:45 Announcements
Luncheon

1:15 – 2:15 Health

The Inconvenient Truth of Loss, Resilience, and Hope Among Spousal Caregivers

Jeff Zuckerman, Author

In a candid but hopeful presentation, Zuckerman will discuss the effects of his wife's sudden and devastating late-onset bipolar illness. He will focus on how over the past nine years he has managed his own physical, psychological, and spiritual well-being through humor, compassion, faith, education and the loving support of his family and community.

Presenter: Carrie D'Andrea

March 3, 2025

9:30 – 10:30 Public Policy

Insights From Three Metro Mayors

Roslyn Harmon, Mayor, Golden Valley

Nadia Mohamed, Mayor, St. Louis Park

Mary Supple, Mayor, Richfield

Three suburban women mayors will discuss their roles as mayors and focus on demanding issues such as public safety, housing, governing, immigration, homelessness, transportation, and infrastructure. With climate change and increasingly diverse population demographics, what does the future hold for suburban communities? Learn how we constituents can communicate and influence our elected leaders. Carol Sheldon will moderate the panel.

Presenter: Kay Kessel



10:45 – 11:45 Equity/Justice/Inclusion

**The Dignity Center:
Serving People on the Margins**

Kevin Schill, Dignity Center Director

What is happening with social services for people on the streets? It is a hard life for unhoused people and those in shelters. Using a committed team of trained volunteers, the Dignity Center welcomes and supports people dealing with financial and housing insecurity on their path to stability. How does the Dignity Center differ from other services? And how does it dish out dignity?

Presenter: Nancy Sjoquist

11:45 Announcements
Luncheon

1:15 – 2:15 No scheduled program
Check the newsletter for activities/committee meetings

March 10, 2025

9:30 – 10:30 Empowering Women.

**“One of the Guys”:
Women Leaders in Construction**

Beth Duyvejonck, Regional Vice President.
Opus Group

Duyvejonck’s thesis explores how women leaders in male-dominated environments experience gender, corporate culture, and diversity initiatives. The findings provide a fascinating lens into the experience of women leaders inside male-dominated industry. The conclusion presents both an opportunity for tension and an opportunity to disrupt a cycle that has withstood generations of attempts towards equity.

Presenter: Donna Clark

10:45 – 11:45 Long Range Planning

How Does Our Branch Work?

Sheila Lind, Chair of Long Range Planning
Becky Farber, President, AAUW Minneapolis

Let’s figure out how the Minneapolis Branch works! We are affiliates of AAUW MN and AAUW National, but we have our own unique way of operating. Today we will look at a flow

chart of our branch and check up on how our Strategic Plan goals have been progressing.

11:45 Announcements
BUSINESS MEETING
Luncheon

1:15 – 2:15 Environment

How Minnesota Will Deliver 100% Carbon-Free Electricity by 2040

J. Drake Hamilton, Senior Director, Science Policy, Fresh Energy

Hamilton is a geographer on the Governor's Advisory Council on Climate Change. She will describe how our state will meet its 100% carbon-free electricity law with solar energy, wind power, geothermal energy, as well as long-duration batteries and a future-proof electric grid. She will highlight the latest news on Minnesota's leadership in clean energy with benefits for everyone.

Presenter: Joyce Prudden



March 17, 2025

9:30 – 10:30 Literary Pursuits

**Doris S. Kirschner Collection:
A Cookbook Paradise**

Megan Kocher, Science and Evidence Synthesis Librarian

Itching to make your favorite casserole from childhood? Can't wait to have Jellied Pickle Relish Salad again? Or that crazy salad that you only had at family gatherings? You may not have the recipes, but all is not lost. Chances are you will find them and many more recipes in one of the 5000+ cookbooks that are housed in the Magrath Library on the St. Paul campus.

Presenter: Wendy Woodfill

10:45 – 11:45 Education

A Superintendent's Calm Under Pressure

Dr. Lisa Sayles-Adams, Superintendent, Minneapolis Public Schools

Sayles-Adams manages a district of 28,000 students and just over 1,900 teachers. Her enthusiastic approach to challenges, including a \$110 million funding gap and a diverse student body, is producing many successes, which she will highlight.

Presenter: Kay Kessel

11:45 Announcements
Luncheon

1:15 – 2:15 Equity/Justice/Inclusion

Building A Culture of Health, Wealth, and Social Change: Growing Food and Community In North Minneapolis

LaTasha Powell, Co-Founder and President,
Appetite for Change

AFC is a non-profit organization created in 2011 by three women as a \$25,000 startup and has evolved into a \$2 million consortium of several programs. AFC addresses the racism in local housing, economic, justice, and food systems which makes accessing fresh food in the Northside a challenge. They bring people together to teach them to cook, eat, and grow food, creating change that lasts. They are committed to food justice.

Presenter: Lori Miske



Barb Swanson
and
member-made
gnomes

March 24, 2025

9:30 – 10:30 **Fourth Monday Interest
Groups**

Please see the Bulletin [page 10](#).

Travel

Presidents' Hall

**New Zealand Through the Eyes of an
Environmental Scientist**

Leader: Lois Petersen

My daughter and I recently traveled to New Zealand to see my granddaughter, who is studying for her doctorate in Environmental Science. We explored the North and South Islands, hiked mountains, saw gorgeous waterfalls, and walked on pristine beaches. New Zealand's geography is dramatic and New Zealanders are passionate about caring for their unique environment. Join me as I share my exciting and stunning experience.

Fiction Book Discussion Heritage Room

The Women

by Kristin Hannah

Discussion Leader: Sheila Lind

Kristin Hannah's new book highlights the role of women serving in the Vietnam War, along with exploring the hostile environment in the U.S. upon their return by probing the feelings and experiences of three main characters. Many of us

can remember the atmosphere on college campuses and political conventions from those years.

Hot Topics Founders Room
Leader: Lil Lindsey
Join us for a lively interactive discussion on newsworthy events and more.

10:45 – 11:45 The Arts

Art from the Inside

Antonio Espinosa, Co-founder of Art From the Inside (AFTI)

Joy Yoshikawa, AFTI Exhibition Curator

Art From the Inside is restoring hope for those incarcerated in Minnesota correctional facilities and through exhibitions of their art, opening the hearts of the community. Learn how AFTI artists experience personal transformation and healing. As one AFTI artist said, “Art is something you can always start over or redo, it is a second life full of endless chances.”

Presenter: Ginny Wheeler

11:45 Announcements
Luncheon

1:15 – 2:15 Science and Technology

Weather Isn't So Scary Once You Understand It

Belinda Jensen, Chief Meteorologist, KARE 11

We live in a world where information is at our fingertips at all times. This is a blessing and curse. Explaining the nuts and bolts of weather is the key to helping adults and children understand how weather works and therefore not be anxious about every cloud that forms overhead.

Presenter: Shari Durdin



Jane Kase and Jan McLandsborough,
two of the wonderful women to see to
pay for your lunch

March 31, 2025

FOCUS DAY
THAT'S ENTERTAINMENT

9:30 - 10:30 Sounds of Silver

Classical Flute Repertoire

Juli Baecker: Flutist

Be ready for the lovely lilting and complex sounds of this flute ensemble. The Sounds of Silver, which has been together for 25 years, is a group of professional musicians from the flute section of The Medalist Concert Band in Bloomington, although the musicians come from all corners of the Twin Cities. Performances include the many varieties of flutes: piccolo, standard, alto, and bass.

Presenter: Leslie Swenson

10:45 – 11:45

Off the Beaten Path Piano

Nate Hance: Pianist, Composer, Entertainer

Hance's approach to piano playing is to deliver musical experiences with classical elegance and contemporary flair within a diverse musical repertoire that spans various genres. He rearranges familiar soundtracks into short medleys, surprises with unique composing experimentation and evokes audience nostalgia and cherished memories. Watch for his backwards and upside down playing!
Presenter: Gini Hickman

11:45 Announcements
Luncheon

1:15 – 2:15

“Dazzling Neil Diamond”

Todd Anderson, Tribute artist and entertainer

Todd captures the essence and vocals of Neil Diamond in this showcase of hit songs. You will be captivated by the tender notes of “You Don’t Bring Me Flowers Anymore,” feel the energy as you sing along with “Sweet Caroline,” and be fascinated by the anecdotal trivia Anderson shares about each song.

Presenter: Gini Hickman

April 7, 2025

9:30 - 10:30 Health

**Parental Stress and Mental Health:
Impacting Families**

Jen Knapp, Board of Directors, National Alliance on Mental Illness, Minnesota Affiliate

In 2024, the U.S. Surgeon General released his *Advisory on the Mental Health & Well Being of Parents: Parents Under Pressure*. The experience of raising a child while bringing purpose along with experiences of joy and love can also involve challenges and stress. When severe, stress can increase the likelihood of mental health challenges. NAMI is dedicated to improving the lives of children and adults with mental illnesses.

Presenter: Phyllis Galbraith

10:45 – 11:45 Education

Future of Liberal Arts

Dr. Suzanne Rivera, President of Macalester College

Dr. Rivera will discuss the headwinds facing higher education institutions, with a focus on the specific challenges facing liberal arts colleges like Macalester.

Presenters: Barb Link and
Sue Reiber

11:45 Announcements
Luncheon

1:15 – 2:15 No scheduled program
Check the newsletter for activities/committee
meetings



Out and About with AAUW
Summer 2024

April 14, 2025

9:30 – 10:30 Public Policy

**What Is Lost When Newspapers
Go Out of Business?**

Dan Myers, Assistant Professor of Political
Science, U of MN

Newspapers are going out of business at an alarming rate. Local newspapers are often the only record of the local history for a community. Civic engagement and voter participation have been reported to go down when small town newspapers are lost. American democracy is threatened when there isn't balanced reporting. How is the loss of newspapers affecting how citizens picture politics?

Presenter: Veronica Johnson

10:45 – 11:45 Empowering Women

**Overcoming Obstacles To Succeed In
a Male-Dominated Industry**

Wendy Blackshaw, President and CEO,
Minnesota Sports and Events.

Blackshaw's childhood was filled with the thrill of cheering for the Green Bay Packers and the Chicago Cubs. However, as a girl in the late

1970s, she faced limited opportunities to participate in sports. Despite this, she always dreamed of having a leadership role in the sports industry. Through resilience and determination, she has come full circle from that girl who could only cheer to one who now leads in a field she has always loved.

Presenter: DeDe Scanlon

11:45 Announcements
BUSINESS MEETING
Luncheon

1:15 – 2:15 Science and Technology

The Hubble Space Telescope: 35 Years of Discovery

Christy Tremonti, Professor, Department of Astronomy, U of Wisconsin, Madison

The Hubble Space Telescope was launched on April 24, 1990, and since that time it has been delivering breathtaking images and spectra which have revolutionized our understanding of the universe. Tremonti will review some of the history of Hubble and discuss what she considers to be Hubble's greatest discoveries about galaxies and the evolution of the Universe as a whole.

Presenter: Nell Wegmann

April 21, 2025

INTERNATIONAL DAY

TIBET

9:30 - 10:30

The Story of Tibetans Coming to Minnesota

Thupten Dadak, Co-Founder of the Tibetan American Foundation of Minnesota (TAFM)

At the young age of four, Dadak walked with his family from Tibet to India to escape the Chinese. In 1986 he was one of two Tibetans to settle in Minnesota, but now the community has grown to 5000. Listen as Dadak shares Tibet's long history ending with his own story.

Presenter: Jennifer Olson

10:45 – 11:45

The Role of Traditional Tibetan Women and the Evolving Roles of Tibetan American Women

Ngawang Dolker, Immigration Lawyer

Role of Tibetan women has greatly evolved over time. Tibet was taken over in 1951 by China and in a fashion similar to the re-education of our

Native Americans, the Chinese worked to erase all aspects of Tibetan culture. Many Tibetans then fled to India, which again meant modifying the original Tibetan culture. Dolker, who came to the U.S. at age nine, will talk about how women's culture has changed from life in Tibet to life in India to life in the U.S.

Presenter: Phyllis Galbraith

11:45 Announcements

Luncheon

1:15 – 2:15

Preserving the Tibetan Culture in the Minnesota Tibetan Community

Tenzin Choesang, Member of Asian American Organizing Project

The Asian American Organizing Project works to empower young Asian Americans to create systemic changes towards an equitable, conscious and just society. As past president of The Regional Tibetan Youth Congress, Choesang advocates for the independence of Tibet. He is a mentor in the local Tibetan community teaching children music and dance that include one of the Dalai Lama's four principles that show human values such as warm-heartedness, compassion, tolerance, contentment and self-discipline. Children will provide a music and dance presentation.

Presenter: Jan Brue Enright

April 28, 2025

9:30 - 10:30 Fourth Monday

Nonfiction Book Discussion Founders Room

*A Fever in the Heartland: The Ku Klux Klan's
Plot to Take Over America,
and the Woman Who Stopped Them*
by Timothy Egan

Discussion Leader: Lynn Hjelmeland

This historical thriller by the Pulitzer and National Book Award-winning author tells the riveting story of the Klan's rise to almost complete power in Indiana in the 1920s, the cunning con man who drove that rise, and the woman whose deathbed testimony finally brought the Klan to their knees.

Fiction Book Discussion Heritage Room

Table for Two
by Amor Towles

Discussion Leader: Cindy Matsumoto

Amor Towles' latest book is composed of six rich, memorable short stories and one novella. The stories deal with interrelations of friends, strangers, and romantic partners. The novella,

Eve in Hollywood, is an exciting tale of blackmail and scandal involving actress Olivia de Havilland in 1938 Los Angeles.

Hot Topics

Founders Room

Leader: Lil Lindsey

Join us for a lively interactive discussion on newsworthy events and more

Great Decisions

Presidents' Hall

AI and American National Security

Leaders: Ruth Andersen, Marilyn Listvan

The AI revolution is the leading edge of a larger high-tech revolution which promises to transform the world. Experts argue that international cooperation is needed to expand the opportunities these new technologies hold while protecting societies from their dangers. What are the key policy debates in this area, and what are the opportunities and limits on global AI rules of the road? How will the AI revolution impact American national security? What are its policy options to secure the benefits of AI and guard against its dangers? Please join us for video and discussion.

10:45 – 11:45 Literary Pursuits

Joshua Moehling and the Ben Packard Mystery Series

Joshua Moehling, Minnesota Mystery Writer

Moehling will present his latest novel, *A Long Time Gone*, and talk about how he came to write a series about Ben Packard, a gay man working as a sheriff's deputy in a small Minnesota town. He will tell us why he likes creating characters more than plotting murders.

Presenter: DeDe Scanlon

11:45 Announcements

**Introduction of our 2025
Scholarship Recipients
Luncheon**

1:15 – 2:15 Environment

Societal Costs Resulting from PFAs

Dr. Ali Ling, Assistant Professor, University of St. Thomas

Ling will summarize the health risks and human exposures to PFAs, also known as “forever chemicals.” She will discuss societal costs associated with reducing PFAs use versus treating them once they are in the environment.

Presenters: Linda Lewis

Phyllis Galbraith

May 5, 2025

9:30 to 10:30 Empowering Women

Women Who Rock ... the Boat

Dr Maureen Reed Executive Director of the Nobel Peace Prize Forum, physician, retired chair of the Board of Regents of the U of M, Director of the Parks and Trails Council of MN, Medical Director and Vice President Health Partners.

Journalists, lawyers, nuns and schoolgirls have won the Nobel Peace Prize. In achieving this, they hone their leadership skills while often facing personal danger, inner conflicts, social challenges and pointed criticism. Succeeding despite their flaws, they inspire courageous action that cuts across decades, borders, and nationality. Let's touch and experience that inspiration.

Presenter: Ann Roach

10:45 – 11:45 Health

Before All is Said and Done

Pat Miles, Author, Retired WCCO news anchor.

After Pat lost her husband to cancer in 2019, she found healing by writing about grief and loss and planning her own mortality. In *Before All is Said and Done*, Pat navigates the realities surrounding dying and widowhood in our culture. She reveals how her husband's untimely death deeply affected every aspect of her life and parallels how other women have dealt with the grief, financial upsets, and daily life changes that come with such a painful loss.

Presenter: DeDe Scanlon

11:45 Announcements
Luncheon

1:15 – 2:15 No scheduled program
Check the newsletter for activities/committee meetings



May 12, 2025

Closing Day

8:45-9:45 Coffee, Tea and Treats
President's Dining Room

9:45 - 10:45 Annual Meeting with Awards and
Recognition.

Review the past year, thank outgoing leaders for
their work and welcome incoming officers.

11:00 -12:00

**How to Make the Most of Your Remaining
Time on Earth**

David McNally Author, Speaker's Hall of Fame,

What if your next years were some of your best
years whether you are 60, 70, 80 or could
we dare say 90? What if you could ensure life is
worth living every day? In his book "*If You're
Alive - Your Mission on Earth Isn't Finished,*"
McNally asks the reader to consider a
fundamental question: Is my life about
contraction or expansion? Hear what he says
about showing up and participating in the world
in a way you might never have imagined.

Presenter: Becky Farber

11:45 Announcements
Luncheon

1:15 – 2:15 Books To Enrich Your Summer

Sue Zumberge, Owner, SubText Books

Zumberge will offer suggestions for a multitude of engaging books to enhance your summer reading – truly a book-lover’s fest! As you may know, Zumberge has been coming to AAUW for several years with excellent suggestions for summer readings. SubText Books, an independent bookstore, is in downtown St. Paul.
Presenter: Sue Zumberg

LUNCH POLICY

RESERVATIONS

Lunch reservations **MUST** be made or cancelled before noon on the Wednesday before the Monday meeting. If you do not cancel your reservation, you are expected to pay for that meal, as the branch must pay for the meal.

1. Online system: <https://signup.com/go/buScVka>

Be sure to click on SAVE at the end

(See more SignUp detail on page 20)

OR

2. Send an email to: **office@aauwmpls.org**

You will receive an email on Tuesday confirming your reservation for the following week.

CHECK IN AT THE GALE THE DAY OF

Member and Guests: There are two clearly marked “Check in and Pay” tables (main floor near elevator and lower level across from the elevator). Payment is accepted at the check-in tables before the 9:30 and 10:45 sessions. **If you arrive later than 10:45 a.m.,** please check in at the second-floor office.

Table Reservations: To reserve a lunch table with your guest, reservations must be made in person on Monday morning at the Arrangements Table on the first floor.

President’s Table: Check in on the main floor.

Same-Day Registration: To make a same-day reservation, put your name on the list at the main floor check-in table as soon as you arrive at the Gale. **There will be an extremely limited number of same-day reservations. – which can only be made in person.**

PAYMENT

Cash and checks are accepted at the check-in tables. **Credit cards** are accepted in the second-floor office. Then bring CC receipt to either cashier.

At the time of payment, you will receive a wrist band which will signify to the servers that you have paid for lunch.

PRICING

- All Monday lunches: \$25

SPECIAL DIET MEALS

Please request a form for special diet meals from Office Manager Sharon Rauenhorst at 612-870-1661. On the day of the meal, pick up your special diet card at the check-in table on the lower floor. Display this card at your table and alert the server to your meal request. If you have made a reservation for a special meal, that will be your meal. Please do not switch meals.

INSTRUCTIONS FOR ON-LINE LUNCH RESERVATIONS

1. Click on **Lunch Reservations** in the weekly branch newsletter.
2. Find the **date** you would like to attend and click the **green sign-up button**.
3. Enter your **email address** (your reminders will come to that email). Click **Continue**.
4. Check that the email address you entered is correct. **If wrong: Click Back. If correct: Click Confirm.**
5. Reserve for yourself: put **1** in “# of Spots” box.
6. To add a guest. Click **Save and Add Another Person**. Put **1** in the “# of Spots” box and fill in the guest’s name and information. (You can use your own phone number and email.) Repeat for additional guests.
7. When you are done reserving, click **Save And Done**
8. If you see a series of ads, click on the X in upper right corner to close.
9. The list of dates will reappear. Repeat steps 5-7 for additional dates you want to reserve.
10. **When you are done, click on the blue “SAVE” button at the very top of the form.**
11. You will see a list of your reservation dates with the option to print and/or add to your calendar.
12. Cancellation: cancel in SignUp or contact the office office@aauwmppls.org or (612) 870-1661 (by noon Wednesday).
13. You will get a reminder email on Tuesday prior to your reservation date.
14. If you do not get the emailed reminder: A. Check in your spam/trash folder. B. Go to SignUp and sign up if you are not on the list. C. If you are on the SignUp list, please check with the office – Sharon will help you.
15. **If you do not cancel by the prior Wednesday, you are responsible for paying for the meal.**

GUESTS

Prospective members and guests may attend up to three meetings each program year.

Prospective members and guests must register at the Membership Table in the lower level. Guests will receive name tags and be recognized during the meeting.

ROOM RESERVATIONS

First Monday Afternoon Activities

Beginning this program year, there will be no 1:15 PM programs on the first Monday of each month. Instead, much of the Gale Mansion will be available for committee meetings and social activities.

All members are welcome to sit in on committee meetings and learn about the wide variety of activities going on in our branch. The social activities will be an opportunity to play a game, learn a skill, have an interesting discussion, make new friends and more.

We tentatively have the following rooms available: Presidents' Hall, the Founders Room (the smaller dining room), the Minneapolis Room and Fellowship Room (both on the Second Floor). Some of the larger rooms may be shared spaces with more than one activity.

If you would like to reserve a space for a meeting or social event, please contact Kerry Noyes, Meeting Scheduler, at kerrynoyes@gmail.com. Please describe the

activity you would like to sponsor and how many people you expect to attend.

If you have reserved a space for an activity and want to encourage participation, please contact Office Manager Sharon Rauenhorst to put an announcement in our weekly email. Sharon's address is office@aauwmppls.com.

Upcoming first Mondays are Jan. 6, Feb. 3, Mar. 3, April 7 and May 5.

AAUW Funds

AAUW Funds is an important advocacy piece for our organization. Please prioritize watching either in person or on zoom, the AAUW Funds program scheduled for **February 10, 2025 at 9:30am**. We will learn about AAUW Funds from our state Funds Chair and get a glimpse of what goes on at the NCCWSL conference from our attendees.

Shari Parsons,
AAUW Funds Chair

DEVELOPMENT

The Development Committee decided to create a Logo to reflect the values and messages we want to convey in our work.

The image was designed together with one of our scholars, Mia Jennings, and uses a tree as a reference to *the Giving Tree* or *The Mother Tree*.

A tree shelters, provides a place, shade, and habitat for birds and wildlife, just like our branch gives us a place to gather and grow.

Like a tree, we believe our success today is rooted in the previous generations and will continue to bear fruit in future generations.

We like the image of a woman's body as the trunk of the tree to capture our mission of working for equity for women and girls.

The books at the bottom symbolize our commitment to education and that Learning is Key to achieving equity.

We choose the words Support, Strengthen and Sustain because it is our responsibility to keep this branch strong and viable for today and for future generations.



We choose the multi-colored leaves to represent the diversity of ideas we explore, and the varied talents members bring to the organization.

Different size leaves signify our service to women and girls at different ages and stages of their life.

Finally, the outstretched branches/arms signify the joy that comes from supporting the branch both as a volunteer and through financial gifts. It is a way to make a difference in our world.

“All you need is a little
love.

But a little chocolate
now and then doesn't
hurt”



Charles Schultz

THE LIBRARY

Come On Up and See Us

Want to check out the latest best seller? Need a new mystery to read? How about a jigsaw puzzle to stimulate your brain? They are all here in your AAUW library. Our new location in the Association Room is on the second floor across the hall from the office and the elevator. Come up and visit us; we would be delighted to see you.

There are no fines for overdue books. We are just grateful when the books are returned

We continue to sell used books – hardcovers for \$1 and paperbacks for \$0.50. Proceeds from the used books allow us to buy more books for the collection. Please bring us your used books, preferably not more than five years old. And don't forget to bring us your puzzles.



SCHOLARSHIP FUND AAUW MINNEAPOLIS BRANCH

Our AAUW Minneapolis Branch Scholarships were set up to advance equity for women and girls through education. The Fund was established in 2000 and the first scholarship was awarded in 2001.

The purpose of the scholarships is to enable young women from Minneapolis public high schools to attend college. Our scholarship recipients may receive this award annually through their four years of college as long as they remain in good standing. Each scholar is partnered with a member of the Scholarship Fund Board who serves as her mentor.

Thirty-three Minneapolis Public Schools young women graduates have completed four years of college with the help of the branch's AAUW Scholarship Fund. Because of the continuing generosity of our members, in 2024-2025, we will be supporting 16 scholars.

Tax deductible contributions may be designated for current use or for the endowment to insure

continuation of the fund into the future. Members may also designate the AAUW Minneapolis Branch Scholarship Fund in their estate planning.

SHARE UNUSED TOILETRIES

Traveling? Free items from your dentist? Freebies from cosmetic purchases? Bring your new toiletries, dental products, and paper grocery bags with handles, and place them in the specially marked boxes in the coat room. They will be delivered to the Groveland Food Shelf. For those with little, it means so much.
Lil Lindsey

BAD WEATHER CLOSING OF AAUW

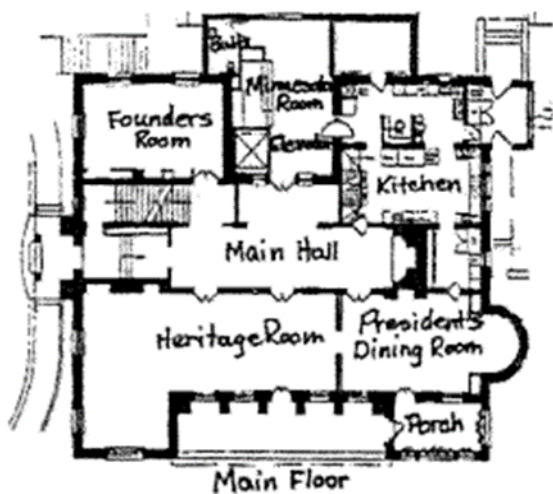
Check your email or call (612)-870-1661 for a recorded message. Bad weather closings will also be announced on the home screen of AAUW Minneapolis website: minneapolis-mn.aauw.net. If you have a speaker, check the presenter's packet for snow day instructions.

COURTESY REQUESTS

To make the AAUW meeting time a good experience for ALL, please:

- Check to see that your cell phone and all other electronic devices are silent.
- Reserve the two front rows in the Presidents' Hall on the west side for those with walkers or wheelchairs.
- Reserve the last row for hostesses who need to leave early.
- Leave seats open near the aisles and in the back for those who come late.
- When asking a question, stand, if you are able, and say your name.
- If you are unable to hear the speaker, please move closer to the front or raise your hand and politely tell the speaker.
- Refrain from unnecessary/lengthy comments.
- Please do not wear any fragrance. Some of our members are very allergic.
- Sit near the back of the room if you do needlework or puzzles.
- At lunch, all seats are open. Do not save seats
- Please refrain from having conversations during the programs.

GALE MANSION FLOOR PLAN



MEMBERSHIP DATA UPDATES

Winter (cont.)

Carol Denson-Ohlemann,
carol_denson@yahoo.com
(612) 240-3080

Ruth Christenson has a change of address*
(763) 545-7115

Meg Connolly, megmagillconnolly@icloud.com
(612) 581-9243

Manty Espinosa,

armantinaEspinosaamd@gmail.com

(612) 978-2401

Dee Polacek, tomanddee@tonnahope.com
(651) 210-2534

Joyce Luckfield has a change of address*
(952) 646-9198

Shari Durdin, sdurdin@gmail.com

(763) 370-8940

Debi Wiese, debi@wieselawoffice.com
(612) 220-6365

*For change of address info, contact Sharon or call
the person involved