



**Minneapolis Branch  
American Association  
of University Women**

**Bulletin**

**December,**

**January,**

**February,**

**2019-2020**





T H E  
**GALE**  
M A N S I O N

- Dances
- Recitals
- Birthdays
- Dinner Parties
- Business Meetings
- Wedding Receptions
- Anniversary Parties
- Memorial Receptions

Website: [galemansion.com](http://galemansion.com)  
E-mail: [events@galemansion.com](mailto:events@galemansion.com)

**(612) 870-1662**



## **Minneapolis Branch**

**2115 Stevens Avenue  
Minneapolis, MN 55404**

**612-870-1661**

**Fax 612-870-0949**

**Website: [minneapolis-mn.aauw.net](http://minneapolis-mn.aauw.net)**

### **Meal Reservations/Cancellation**

**Reserve online at:**

**<https://signup.com/go/khfsLUC>**  
**(preferred)**

**or call**

***651-220-4777***

**[aauwmpls@galemansion.com](mailto:aauwmpls@galemansion.com)**

#### **AAUW MISSION STATEMENT**

To advance gender equity for women and girls through research, education, and advocacy.

#### **AAUW VISION STATEMENT**

Equity for all.

#### **AAUW VALUES STATEMENT**

Non-partisan, Fact-based, Integrity, Inclusion, and Intersectionality

#### **AAUW DIVERSITY POLICY**

In principle and in practice, AAUW values and seeks an inclusive membership, workforce, leadership team, and board of directors. There shall be no barriers to full participation in this organization on the basis of age, disability, ethnicity, gender, gender identity, geographical location, national origin, race, religious beliefs, sexual orientation, and socioeconomic status.

## *Where to Find . . .*

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### ***Program Topics***

- The Arts
- Environment
- Education
- Equity, Equality, and Justice
- Health
- Literary Pursuits
- Public Policy
- Science and Technology
- Women's Voices

#### **Focus Days**

- March 30: Native Voices
- April 29: International Day: South Africa

## *Leadership Message from the President . . .*

I am sitting here looking out at the beautiful autumn colors—the maple tree across the street is brilliant yellow at this time each year. As we head into another winter, I am glad to be part of the inspiring AAUW organization. Our local branch works to support the national mission of advancing equity for women and girls, contribute to the community around us, and nourish our members through an extensive program for continuing education combined with friendship. A sampling of our weekly speakers includes new and established authors, an ardent advocate for Minnesota who told us so many reasons we are lucky to be living in amazing Minnesota, Representative Mary Kunesh-Podein who made us aware of the continuing tragedy of missing and murdered women from her native American culture, new research on maintaining a healthy brain, and information on the state of the environment—and how we can help. These programs inform and keep us up to date on the world around us. In addition, we have a complete library; the borrowing of books is free and available to all members.

We again sent scholarship aid to nine college women graduates from Minneapolis public high schools. Not only do we help these students financially, but each student has one of our members as a mentor throughout her college career, which has resulted in outstanding success with over 90% of our scholars finishing their bachelor's degree.

This year's theme for our annual fundraising Gala was "Night at the Circus," and the committee members and volunteers planned an exciting evening. Events were on all floors of the Gale Mansion, including jugglers and a wine/beer ring toss game. Nell Wegmann and her committee brought the event into the modern day arena with electronic bidding: bidding on auction items, signing up for one of the many parties, buying theater tickets,

attending plays at the Gale, or donating to AAUW on your smart phone, (you didn't even have to be at the Gala!!) bidding from anywhere, at any time, using your smart phone. "Buzzer Bags" were sold to hold your phone while you used your hands for important activities such as drinking and eating the delicious appetizers.

We have reorganized the Gale Business staff with our former office manager, Karen Hancock, moving into the Gale Mansion Sales and Events Manager position. A new office manager, Sandy Greten, began work in late October. I am excited to be working with this new team—Karen, Sandy, and Chef Jeff. They bring new ideas and enthusiasm with them into the job.

It is an exciting time as we head into a new year.

Carol Sheldon, President

Minneapolis Branch AAUW 2018-2020

### **AAUW Cancellation Procedure**

1. Check your email: An email will be sent out by 7:00 a.m. if the meeting is cancelled.
2. Call 612-870-1661 for a recorded message: Be patient—the phone will ring five or six times and then you will hear a recorded message. If the meeting has been cancelled, the message will tell you so.

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### **Minneapolis Snow Hotline 612-348-SNOW (612-348-7669)**

Call this number for latest information about snow and parking rules in Minneapolis.

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### **Phone/iPad App "Minneapolis Snow Emergency"**

Free App to download onto your smart phone or tablet. Gives you all the info on snow alerts in the city. You can even have it send email or text alerts to your smart phone or tablet.

## *House Management Committee . . .*

Maintaining the Gale Mansion and the Presidents' Hall is a continuing responsibility with unexpected repairs needing to be made on an ongoing basis. One of the windows and several window operators in the Presidents' Hall had to be replaced. The rosette used to hold a tie back for one of the drapes had come out of the wall and needed to be reset.

Next on the agenda will be decorating for the holidays and refreshing both the branch office and the catering office to give our new staff a fresh start. Karen Hancock, our new sales and event manager, is planning to invite more businesses to hold meetings and special events in the Gale Mansion. Our building is most often booked for weddings, so a broadening of events is being sought.

An essential ongoing task of the House Committee on Mondays is keeping the paper products replenished in the several restrooms of the mansion. We all appreciate the work of Lois Erickson and her team of Karen Gates, Carol Johnson, and Jane Olson.

A very sincere thank you is due to the many members who have helped out as servers and cleanup staff at Monday luncheons and at the Night at the Circus gala fundraiser. Their help is essential in enabling us to address the shortfall in our budget due to the reduced number of bookings in the Gale catering business.

Ellen Hughes, Chair  
House Management Committee

### *Scheduling Monday Meetings*

Contact **Esther Fabes**, Meeting Scheduler, if you would like to reserve space for a meeting any time on Monday. Requests to reserve a room on any other day of the week should be made through Sandy Greten in the AAUW office.

## *Officers of the Branch 2019 - 2020*

|   |                                 |
|---|---------------------------------|
| <b>President</b>                              | Carol Sheldon                   |
| <b>Evening Vice President</b>                 | Cathy Hovancsak                 |
| <b>Membership Co-Vice Presidents</b>          | Becky Farber<br>Kathleen Kohler |
| <b>Program Development Co-Vice Presidents</b> | Susie Erickson<br>Doris Grimes  |
| <b>Marketing Vice President</b>               | Leslie Swenson                  |
| <b>Development Vice President</b>             | Sheryl Sostarich                |
| <b>House Management Vice President</b>        | Ellen Hughes                    |
| <b>Treasurer</b>                              | Sheila Lind                     |
| <b>Secretary for Recording</b>                | Nell Wegmann                    |
| <b>Director at Large</b>                      | Julie Ollila                    |

## *Board of Directors 2019 - 2020 Meeting Dates*

Officers, Directors, Program Development Assistants, Topic Chairs, and Chairs of Standing Committees have a vote. **All members** are welcome to attend.

|                             |           |
|-----------------------------|-----------|
| Wednesday, December 4, 2019 | 9:30 a.m. |
| Wednesday, January 8, 2020  | 9:30 a.m. |
| Wednesday, February 5, 2020 | 9:30 a.m. |
| Wednesday, March 4, 2020    | 9:30 a.m. |
| Wednesday, April 8, 2020    | 9:30 a.m. |
| Wednesday, May 6, 2020      | 9:30 a.m. |

Closing and Awards Day is the last meeting of the year on Monday, May 11, 2020, at 9:00 a.m.



## ***Guest Policy . . .***

Prospective members and guests may attend up to three day or evening meetings each program year.

**Reservations:** When making a meal reservation for yourself and a guest, see **page 46** to register **online** or call 651-220-4777 by the prior Friday at 12:00 noon. Identify yourself and name your guest. Registering online is easy and for ease in handling, the preferred method.

**Register:** Prospective members and guests must register when they enter the building. Register at the Membership Table in the lower level. Guests will receive name tags and be recognized during the meeting.

**Table Reservations:** To reserve a noon luncheon table with your guest, reservations must be made in person on Monday morning at the Guest Hostess Table on first floor.

### **Another Branch Benefit: Pay It Forward**

In order to help make lunches more affordable to those who find eating out each week beyond their budgets, members can obtain a "Pay It Forward" envelope containing \$20 in cash to pay for lunch. Ask Sandy Greten in the AAUW office to show you the location of the box. You are welcome to use an envelope once a month, but you do need to make a lunch reservation by the prior Friday at noon.

To keep the box stocked with envelopes, anyone who would like to fill an envelope with \$20 cash (correct change) can "Pay It Forward." You can find empty envelopes for donations in the box. By being discreet, no one will know if you are donating or using the \$20. Hopefully this will allow some members to lunch with us more often.

# AAUW Funds

## Tributes or Memorials

AAUW Funds are an excellent way to honor a special friend on a birthday, anniversary, or occasion unique to him/her. They are truly fine memorial gifts. Fill out the form below and return it with a check made out to AAUW Funds. A special Tribute or Memorial card will go to the person you are honoring or to the family of the deceased.

### AAUW Funds Tribute or Memorial

In HONOR of \_\_\_\_\_

or

In MEMORY of \_\_\_\_\_

Send ACKNOWLEDGMENT

to \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State/Zip \_\_\_\_\_

Donor's Name \_\_\_\_\_

Donor's Address \_\_\_\_\_

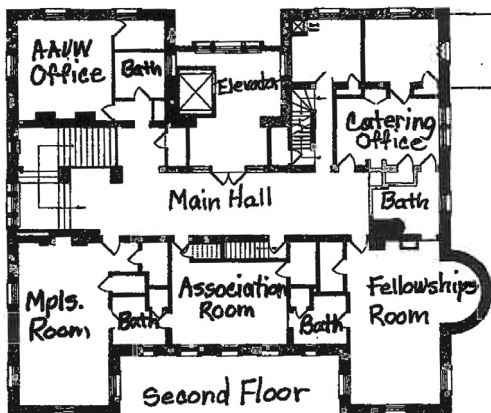
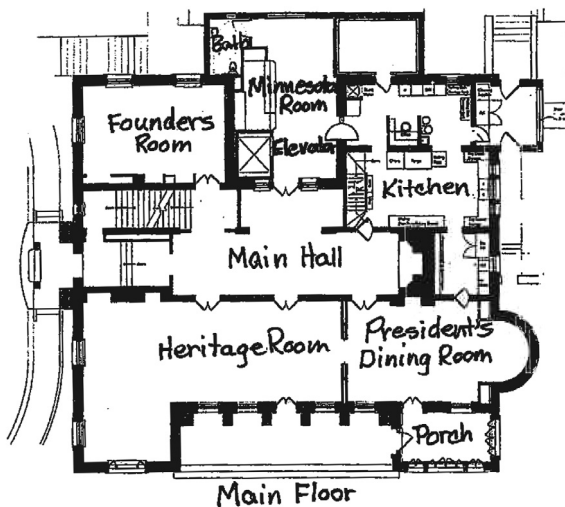
Donor's City \_\_\_\_\_ State/Zip \_\_\_\_\_

Amount \$ \_\_\_\_\_ Date \_\_\_\_\_

Please help carry on the AAUW Funds' good work.  
Your gifts are tax-deductible. Thank you.

Please make your check payable to **AAUW Funds**.

## Gale Mansion Floor Plan



## *Membership . . .*

When I was a child, my mother was an active member of the Monday Club in our little town in Iowa. The women met monthly to share topics that they researched. Her club was part of the General Federation of Women's Clubs. Little did I know that later I, too, would be active in a Monday club. Mine, of course, is this branch of AAUW, which meets weekly. We, too, have topics, subject matter areas such as Science and Technology, Education, Health and so much more. Located in a large metropolitan area, we invite local experts to speak.

Like my mother's group, we foster warm friendships while advancing our knowledge and expanding our range of interests. Unlike her group, which depended on the local library, we have our own in-house library. And, because we schedule full days of three programs, we enjoy an excellent lunch, prepared by our own chef and his crew.

Like mother's Monday club, AAUW's activities create real loyalty to the branch and our fellow members. That loyalty manifests itself in gifts guarantors make, bequests members write into their wills, and contributions toward designated funds and scholarships many of us make annually.

AAUW has been the bright star of my retirement years. Yes, I delight in plays and in opera performances, but it is the week-by-week updating of knowledge on so many topics that I value so highly. That, along with the continuing friendships with the interesting women I've met through my AAUW car pool, committee work, and lunchtable conversations. I am indeed grateful to the Burnsville neighbor who told me about AAUW and invited me to join her for that first Monday some 14 years ago. Do you have a friend, neighbor, or former colleague whom you could invite to come for a sample Monday? Don't be shy—call her (or him) today.

Prepared on behalf of the Membership Committee  
Ann Burckhardt

Becky Farber, Membership Co-Vice President  
Kathleen Kohler, Membership Co-Vice President

## ***LOOK, Dick—LOOK, Jane . . .***

Robert Fulghum, author of that golden oldie, *All I really Need to Know I learned in Kindergarten*, once said, “Remember the Dick-and-Jane books and the first word you learned—the biggest word of all—LOOK!” Come into our AAUW Library and give us a LOOK! You’ll see shelves loaded with books, comfortable seating, and lots of friendly books and mysteries. We also have a limited number of DVDs.

Remember, there are no fines for overdue books, we’re just grateful when they come back (two weeks, please.) These are your books and we want you to enjoy them.

The library sells slightly used books donated by our members. Hardcover are \$1 and paperbacks are 50 cents. Proceeds from the used books allow us to buy more books for the collection. PLEASE BRING US YOUR USED BOOKS. We prefer fiction not older than five years. They sell extremely well.

Come in and check us (and a book) out. We look forward to seeing you.

Judy Vermeland-Wendt, Chair, Library Committee

### **For a More Pleasant Lunch:**

Please introduce yourself to your tablemates.

Please lower the volume of your lunch conversations. This will allow all guests to enjoy their visits.

If you need to leave the table after you are seated, please leave your lunch payment to hold your space.

Mollie Keys, Arrangements Chair

## ***Monday Literature . . .***

- September ***Pachinko***  
Min Jin Lee
- October ***Night Circus***  
Erin Morgenstern
- November ***Where the Crawdads Sing***  
Delia Owens
- January ***Washington Black***  
Esi Edugyan
- February ***The Women in the Castle***  
Jessica Shattuck
- March ***History of Wolves***  
Emily Fridlund
- April ***Hum If You Don't Know the Words***  
Bianca Marias

## ***Monday Non-fiction Literature . . .***

- September ***Why We Sleep***  
Matthew Walker
- November ***Rising Out of Hatred***  
Eli Saslow
- February ***A Season on the Wind***  
Kenn Kaufman
- April ***Born A Crime***  
Trevor Noah

## ***Tuesday Evening Literature . . .***

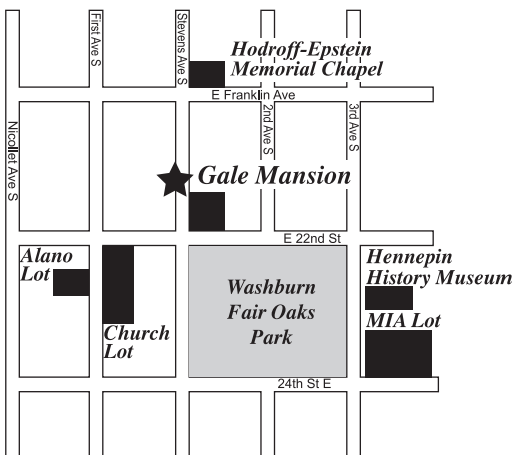
- September ***Last Bus to Wisdom***  
Ivan Doig
- October ***The Life We Bury***  
Allen Eskens
- May ***Cry, the Beloved Country***  
Alan Paton
- June ***Never Coming Back***  
Alison McGhee

## *Parking Options . . .*

A parking pool has been created for AAUW members on Monday mornings. A total of 40 parking spaces are available—20 at Alano and 20 in the church lot—kitty-corner from the Gale Mansion. The cost for a reserved spot at either Alano or the church is \$180 for the program year. As a member of the parking pool you are entitled to park at either location. Do not park in those spaces marked *reserved*.

To be part of the parking pool, contact Beth McCabe at 612-812-8355. She will collect the money and issue you a parking pass to be placed on the dashboard of your car on the day of the meeting.

Parking at the Minneapolis Institute of Art (MIA) lot on the corner of 3rd Avenue and 24th Street is no longer free. Free parking is available on Mondays in the small lot of the Hennepin History Museum, 2303 3rd Avenue South. Limited free parking is also available at Hodroff-Epstein Memorial Chapel on the Franklin Avenue side of the lot.



## *Courtesy Requests*

To make the AAUW meeting time a good experience for ALL, please:

- Check to see that your cell phone and all other electronic devices are turned off.
- Reserve the two front rows in the Presidents' Hall on the west side for those with walkers or wheelchairs.
- Reserve the last rows for hostesses who need to leave early.
- Leave seating open near the aisles and in the back for those who come late.
- Refrain from talking and whispering as soon as a speaker reaches the podium and during the presentation.
- Be sensitive to distractions caused by bags or containers.
- Stand, if you are able, and give your name when you ask a question.
- Refrain from unnecessary and lengthy comments.
- If you are unable to hear the speaker, please move closer to the front or raise your hand and politely tell the speaker.
- Wear only a moderate amount of fragrance or none at all. Some of our members are very allergic to fragrances.
- Sit at least ten rows from the front if you do needlework or puzzles.
- Remember that the excellent wait staff appreciates a sincere thank you when they serve your meal.



## ***Minneapolis Branch Scholarship Fund***

### **Introducing Scholarship Winner Tessa Keefe**



We introduce Tessa, now a sophomore at University of St. Thomas, St. Paul, in her own words: “I was born in Brooklyn, New York. We lived close to my mom’s family in Long Beach, so I was constantly surrounded by a big Italian family. When I was six, we moved to Minneapolis, which is closer to my dad’s family, which is equally big, but much less Italian, way more Irish. South Minneapolis is where I did most of my growing up.

“My sister once called me an extroverted introvert. I like having my own time and being by myself. Reading a book for hours on end with no one bothering me is my kind of night. On the other hand, when I do go out, I put on a full face of makeup and make sure I am dressed well enough that my friends and I could easily have an impromptu photo shoot. You could say the line between *nobody talk to me* and *everybody look at me* is a thin one.

“I graduated from Washburn High School in 2018. There were about 368 kids in my graduating class. Since we are a city school all packed pretty close together, we had a big sense of community.

“...I met most of my friends in high school in the musical theater and choir program. I love music, and for a very long time, my dream was to perform on Broadway. While that is no longer my goal, performing still holds a very special place in my heart. I love to be on stage.

“I was 56th in my class. It was a pretty competitive environment, and by graduation, there were more than a handful of students who had 4.0’s.

“I learned about the AAUW scholarship from my mom. She works at Washburn in the main office handling IB

coordination, so she's aware of a lot of scholarship opportunities.

“Right now I don't have a specific career goal. I'm still figuring things out and exploring new opportunities through school. I know I would love to do something involved in the arts or something that helps the environment, but I think during college it's okay to not know exactly what you want to do. A lot of people my age have such specific career tracks in mind, which is wonderful, but we're all so young still that locking yourself into one thing and not giving yourself the time or space to explore can be concerning.

“I'm in a choir at Saint Thomas. My group is called Donne Unite and consists of all women with a woman conductor. I love my girls. It's a great place on campus, to be surrounded by many strong, intelligent women. I consider myself a feminist, and this group allows me to share that and feel stronger for it.

“When asked, my friends have said they would describe me as level-headed and detail-oriented. I choose my words carefully both in speech and writing. This is so I can express myself in a way that will get my point across, communicate thoughtfully and intelligently, and with minimal misunderstanding.

“I very much appreciate the scholarship you awarded me, the confidence you showed in my promise for the future.”

Consider donating to the AAUW Minneapolis Scholarship Fund. Donations can be made to the Scholarship Endowment Fund or the general Scholarship Fund. A fun way to donate is through the Scholarship Fund greeting cards located in our lower level Library. The AAUW Scholarship Fund is a 501(c)(3). Donations are tax deductible.

Ann L. Burckhardt on behalf of the Scholarship Committee  
Sharon Bigot, President of the AAUW Minneapolis  
Scholarship Fund Board

## *Events at Gale Mansion*

Schedule the Gale Mansion for your special occasion.  
Call Karen Hancock at the Gale Catering Office at  
612-870-1662 to schedule:

weddings  
rehearsal dinners  
anniversary parties  
bar/bat mitzvah parties  
birthday dinners  
remembrance services

### **Remember to reserve your annual luncheon reservation!**

Reserving online is easy, and for ease in handling,  
the preferred method.

### **Member Pictures Available Online**

To see the photos:  
go to AAUW branch website  
**[minneapolis-mn.aauw.net](http://minneapolis-mn.aauw.net)**

- **Computer:** menu ribbon across the top of the page:  
click on Current Members then click on  
Member Gallery
- **Phone:** click on Menu, scroll down,  
click on Member Gallery

**Password: members34!**

## *About Our House . . .*

Welcome to the Gale Mansion. We are proud of this historic building, which has been the Minneapolis Branch home since 1947.

Except on branch meeting days, all doors are locked for security and energy conservation. To gain admittance, press the intercom button at the front door and state your name as a member or guest to gain access. AAUW office manager, Sandy Greten, is in the office Monday through Friday from 8:00 a.m. to 4:00 p.m.

**Reservations:** When making a meal reservation for yourself and a guest, see **page 46** to register **online** or call 651-220-4777 by the prior Friday at 12:00 noon. Identify yourself and name your guest. Reserving online is easy, and for ease in handling, the preferred method.

The beautiful Gale Mansion is available for weddings, parties, meetings, and other special events. Please encourage others to consider this facility for their special event needs.

### *Evening Membership Dues*

Annual dues of \$150 are significantly reduced for **evening only** members. If you are a member and come on Mondays, you are an evening member too. Evening meetings will resume in April. See the spring and summer schedule in the spring Bulletin. Enjoy a fine dinner and hear a wonderful program. The full bar is open in the Minnesota Room. Friends and spouses are welcome. Parking is easier. If you know potential members who are not able to attend daytime meetings, refer them for evening only membership.

## *Interest Groups . . .*

### **4th Mondays at 9:30 a.m.**

Special interest groups meet the fourth Monday of each month at 9:30 a.m. Great Decisions and Travel alternate monthly. Non-fiction book group discussions will alternate monthly with Hot Topics.

- **Book Discussion** Heritage Room  
Leaders: Elaine Kirk, Judy McConnell, and Sheryl Sostarich

The list of books selected for this year is found on page 11 of this Bulletin. Discussion of the book is facilitated by a branch member.

- **Great Decisions** Presidents' Hall  
Leaders: Barb Taft and Joyce Prudden

Great Decision topics are critical issues that define the year ahead for global policy makers. With the quickly changing world, we choose to explore topics of current concern with input from videos and discussion.

February 24

Topic: **United States Relations with the Northern Triangle: Guatemala, Honduras, El Salvador**

- **Handwork/Crafts** Dining Room  
Leader: Carrie D'Andrea

Each month will feature different arts and crafts. See the 4th Monday daily schedule in this Bulletin.

- **Hot Topics** Founders Room  
Leader: Lil Lindsey

January 27

Join us for lively interactive discussion on newsworthy events and more.

## **Know Your Device**

Minnesota Room

Facilitator: Alice Heth

This users group will answer each others' questions about smart phones, iPads, and general technology mysteries.

- **Travel**

Presidents' Hall

Presenter: Ann Carlson

January 27

Topic: **Sierra Leone**

### **Mitten Collection**

Again this year we will collect gloves and mittens for the children of Minneapolis Public Schools. Bring your donations on Mondays from November 25 through December 9. Look for the Mitten Box.

Sharon Larson, Outreach Committee

### ***Public Policy Invitation . . .***

Join the Public Policy Committee for lunch in the Fellowships Room on the first Monday of the month. We often have speakers on timely subjects. Other times we plan how to be effective, active citizens. We always have a lively discussion.

Sign up outside the Presidents' Hall for available seats when you come on Monday morning.

## ***Monday, December 2, 2019***

9:30 - 10:30 ENVIRONMENT Presidents' Hall

### **Connecting with Mother Nature's Other Children**

Speaker: Holly Jorgensen, Author and Photographer

Have you spoken to a deer and had it answer back, or had a friendship with a wild sunfish? Jorgensen loves to share her connections with and deep reverence for animals. Through her photography, stories, and readings from her book, *Enchanted—Reflections from a Joyfully Green and Frugally Rich Life*, Jorgensen will inspire you to find your own path to enchantment.

Leslie Swenson

10:45 - 11:45 Presidents' Hall  
EQUALITY, EQUITY, and JUSTICE

### **Freeing Minnesotans from Payday Lenders**

Speaker: Sara Nelson-Pallmeyer, Executive Director of  
Exodus Lending

Payday loans trap thousands of Minnesota borrowers in a cycle of debt from which it is almost impossible to escape. Exodus Lending has saved primarily minority and women borrowers hundreds of thousands of dollars by refinancing these loans so that they can pay the principal back gradually. It also works for long term political solutions to usurious lending.

Joyce Prudden

11:45 - 12:00      ANNOUNCEMENTS  
12:00 - 1:15      LUNCHEON

Lead Hostesses: Marilyn Kemme

Guest Hostess: Virginia Hansing

Development Committee      Association Room

Public Policy Committee      Fellowships Room

1:15 - 2:15      THE ARTS      Presidents' Hall

### **My Experiences as History Theatre Director**

Speaker: Ron Peluso, Artistic Director, History Theatre

In Peluso's words: "Over the past 25 years, I have had the opportunity to commission, develop, and collaborate as a director on over 90 original plays and musicals. I will share with you our process and stories about the creation of many of these works and why we are passionate about our mission.

"History Theatre creates and produces work about real people who have made a difference, for better or worse, in Minnesota, the Midwest, and in our diverse American landscape. We have long been committed to stories of immigration, worker rights/civil rights, and issues of social justice—we do this in the entertaining world of theater with the best professionals in the Twin Cities market.

"I will also share with you all the nature of leading a non-profit organization, working with a board of directors, and keeping the organization financially stable while working with a mission that is innately precarious at best."

Kay Kessel



## Parking Recommendations for AAUW

- **Car pool** - See list by zip code (in coat room) for names of members who live near you.
- **Strike a deal** - Offer to drive to another member's home and ride together.
- **Find or hire a driver** - Ask your spouse, a friend, or neighbor to drive you and pick you up. Get other members to join you and share the expense.
- **Meet at a shopping center** - Find three members and meet in a shopping center parking lot. Take turns driving from there. A covered lot in winter is nice.
- **Park on Franklin Avenue** after 9:00a.m.
- **Contact Beth McCabe** for a parking permit good at the church lot or the Alano lot. Space is limited.
- **History Center lot** on 3rd Avenue is free.
- **MIA lot at 3rd Avenue and 24th Street** is not free. Walk the diagonal sidewalk through the park to the Gale.
- **Hire a taxi, Uber, or Lyft** - Get two or more others to meet at one home. Share the cost.
- **Take a city bus** to the corner of Franklin Avenue and Stevens.
- **Ride your bike** - Sue Kloker does.

## *Holiday Lights Luncheon*

**Monday, December 9, 2019**

Social Time: 9:30 a.m.

Program: 10:30 a.m.

### *Arne Fogel*

Twin Cities cabaret singing artist, radio and jazz club vocalist and pianist, now celebrating a half-century of stories and song.

A recent inductee into the Minnesota Music Hall of Fame, Arne Fogel will entertain us with his unique pop/swing singing style and piano accompaniment. His musical dialogue reflects his reputation as an actor, writer, entertainment historian, and oral encyclopedia. His repertoire includes Irving Berlin, George Gershwin, Alan Lerner, Jimmy Van Heusen, and Harold Arlen.

Wine Bar: 11:45 a.m.

Luncheon: 12:00 p.m.

1:15 - 2:15 p.m.

Presidents' Hall

#### **Subtext Bookstore of St. Paul**

Sue Zumberge will recommend great holiday gift books.

(Books are available for purchase.)

#### **GUESTS ARE WELCOME**

Tickets: \$25 per person—checks, please

Reservations open from Monday, November 11, until full.

**Annual lunch reservations do NOT apply.**

Have names and payments for all at your table when you sign up.

Gini Hickman, Chair, Holiday Lights Committee

***Monday, January 6, 2020***

9:30 - 10:30      LITERARY PURSUITS    Presidents' Hall

**Promoting Children's Literacy: An Essential  
Component of Hennepin Healthcare**

Speaker: Betsy Schaefer Roob, Children's Literary Liaison

Hennepin Healthcare's Children's Literacy Program connects young patients and visitors with books because children who read lead healthier lives. Sharing books and stories drives language development and brain growth, both of which support success in school and in life. Roob manages the program, which incorporates literacy promotion into healthcare delivery in pediatrics and beyond.

Jill Wolpert

10:45 - 11:45      Presidents' Hall  
SCIENCE and TECHNOLOGY

**New and Safer Therapeutic Strategies  
to Treat Chronic Pain are on the Horizon**

Speaker: Carolyn Fairbanks, PhD, Professor of  
Pharmaceutics and Associate Dean for Research,  
College of Pharmacy, University of Minnesota

With the tragic escalation in drug-related fatalities, significant concerns have risen over the use of prescription opioids, even when necessary and appropriate for pain relief. Fairbanks will explain the distinct neurobiological bases for opioid relief of pain, development of addiction, and fatal overdose. Additionally, she will explain the NIH HEAL (National Institutes of Health's Helping to End Addiction Long-term) initiative which is intended to address the opioid epidemic through the development of safer pain medication approaches.

Alice Heth

11:45 - 12:00

ANNOUNCEMENTS

12:00 - 1:15

LUNCHEON

Lead Hostesses: Marilyn Kemme

Guest Hostess: Virginia Hansing

Development Committee

Association Room

Public Policy Committee

Fellowships Room

1:15 - 2:15

Presidents' Hall

EQUITY, EQUALITY, and JUSTICE

### **Who is Homeless in Minnesota?**

Speaker: Greg Owen, Consulting Scientist,  
Wilder Research

From interviews with more than 4,000 people experiencing homelessness in Minnesota, Owen will review trends dating from 1991, characteristics of the population of homeless, changes over time, challenges faced by people trying to overcome homelessness, and potential strategies for effective intervention. His commitment to correcting homelessness is infectious.

Dot Lilja

### **Use the AAUW Email**

Did you know that the Minneapolis Branch has an email address? Messages come into the computer of the office manager, Sandy Greten, at the Gale Mansion.

Email address:

**[aauwmpls@galemansion.com](mailto:aauwmpls@galemansion.com)**

## ***Monday, January 13, 2020***

9:30 - 10:30      WOMEN'S VOICES      Presidents' Hall

### **Minneapolis Madams**

Speaker: Penny Petersen, Author and Local Historian

This presentation based on the book, *Minneapolis Madams: The Lost History of Prostitution on the Riverfront*, will introduce the seamier side of Minneapolis in the late 19th century. Petersen will give an account of the city's red light district and the powerful madams who ran it. She investigates the civic corruption, sexual double standards, and gender-driven economics that went along with the houses of ill repute.

Holly Lewis

10:45 - 11:45      THE ARTS      Presidents' Hall

### **Connecting Students to their Purpose for 25 Years**

Speaker: Adrienne Diercks, Founder and Executive Director of Project Success

It all started with one workshop in 1994 with 200 students at Minneapolis North Community High School. In partnership with the Guthrie Theater, Diercks used themes and issues raised in a Guthrie production of *Macbeth* to inspire students to reflect on motivation, dreams, and choices related to their lives and future development. With this workshop, Project Success was born. The goal was to use theater as a springboard for discussion. The mission was to motivate and inspire young people to dream about the future, help them take steps to get there, and give them the tools they need to achieve their

goals. Today, Project Success works with more than 15,000 students and their families across 23 Minneapolis public high schools and middle schools. It has an alumni network of more than 100,000 individuals. Diercks will share reflections from 25 years of serving students and families, what has changed over the years, what hasn't, and her dreams for the future of supporting students in our community.

Kay Kessel

11:45 - 12:15      BUSINESS MEETING  
12:15 - 1:15      LUNCHEON

Lead Hostess: Cindy Matsumoto

Guest Hostess: Karen Landro

Program Committee

Association Room

Technology Committee

Minneapolis Room

1:15 - 2:15      HEALTH      Presidents' Hall

### **Neuroscience and Addiction: Constant Craving**

Speaker: Dr. Mark Thomas, Scientific Director,  
University of Minnesota's Medical Discovery  
Team on Addiction

One in seven Americans face a substance abuse disorder at some time in their lives. It is a problem that touches many families and communities. Thomas will explain how addictive drugs alter the brain, leading to changes that can result in compulsive drug use. His research program, funded by the state legislature, is working on ways to disrupt addiction relapse, discovering new successful treatment options that will benefit all of us.

Mary Ellen Nielsen

## ***Monday, January 20, 2020***

9:30 - 10:30                      PUBLIC POLICY                      Presidents' Hall

**Senator Champion:  
Minnesota's #1 Advocate for *Restore the Vote***

Speaker: Bobby Joe Champion, Minnesota Senator  
and Lawyer

Minnesotans convicted of a felony lose the right to vote, which is only restored after they have completed their probation or parole. About 47,000 Minnesotans are disenfranchised as a result. One of Champion's hallmark pieces of legislation has been the bill to *Restore the Vote* which would allow Minnesotans the right to vote at the end of their incarceration.

Kay Kessel

10:45 - 11:45                      EDUCATION                      Presidents' Hall

**The Life and Work of Nellie Francis**

Speaker: Dr. William Green, Professor of History,  
Augsburg University, former Minneapolis  
Superintendent of Schools

Green's scholarly interests and expertise are in the history of race, law, politics, and civil rights in Minnesota during the 19th and early 20th centuries. Green will talk about the life and work of Nellie Francis, Minnesota's African American suffragist and author/lobbyist of the state's anti-lynching law. His recent publication, *The Children of Lincoln: White Paternalism and the Limitations of Black Opportunity*, was a finalist in the best non-fiction category of the Minnesota Book Award, 2019. He also won the biennial Hognander Minnesota History Award, recognizing scholarly work with his book, *Degrees of*

*Freedom: The Origins of Civil Rights in Minnesota.*  
Green's biography of Nellie Griswold Francis will come out in the spring of 2020. His books will be for sale.

Stephanie Carlson-Ventura

11:45 - Noon      ANNOUNCEMENTS  
12:00 - 1:15      LUNCHEON

Lead Hostess: Georgia Wiebe  
Guest Hostess: Judy Geppert

|                              |                  |
|------------------------------|------------------|
| Headlines                    | Fellowships Room |
| House Management Committee   | Association Room |
| Marketing Committee          | Minneapolis Room |
| Scholarship Committee (2:15) | Minneapolis Room |

1:15 - 2:15      ENVIRONMENT      Presidents' Hall

**Carbon Sequestration:  
Part of the Clean Energy Equation in Minnesota**

Speaker: Margaret Cherne-Hendrick, Director of  
Beneficial Electrification, Fresh Energy

To mitigate greenhouse gas emissions and slow climate change, we must decarbonize our energy systems. While switching our energy sources to renewables like wind and solar power is critical, carbon sequestration is also an important part of the puzzle. Minnesotans are working to improve vegetation and soil's natural ability to sequester carbon through land management and conservation in order to promote ecological benefits and boost our climate's resiliency.

Phyllis Galbraith



## *Monday, January 27, 2020*

### 9:30 - 10:30 **MONDAY INTEREST GROUPS**

Please see Bulletin page 18

**BOOK DISCUSSION** Heritage Room

*Washington Black* by Esi Edugyan

Discussion Leader: Sheryl Sostarich

*Washington Black* is the story of an eleven-year-old slave who knows no other life than the Barbados sugar plantation where he was born. When Christopher Wilde, or Titch, chooses Washington Black as his manservant, the two men begin to see each other as human. The themes of racism, love, hatred, cruelty, and dignity pervade the novel. The complexity of the novel makes for an enchanting tale that is a page turner to its ending.

**HANDWORK/ CRAFTS** Dining Room

Activity: **Pine Needle Baskets**

Leader: Sharon Larson

Sharon Larson will demonstrate how she makes pine needle baskets.

**HOT TOPICS** Founders Room

Leader: Lil Lindsey

Join us for lively interactive discussion on newsworthy events and more.

**KNOW YOUR DEVICE** Minnesota Room

Facilitator: Alice Heth

This users group will answer each other's questions about smart phones, iPads, and technology mysteries.

**TRAVEL** Presidents' Hall

Ann Carlson will describe her trip to Sierra Leone. She helped set up the program for a newly-finished secondary school which will make a difference in the lives of thousands of families.

10:45 - 11:45

Presidents' Hall

EQUITY, EQUALITY, and JUSTICE

### **Criminal Justice Reform**

Speaker: Jason Marque Sole, PhD, Professor at Hamline University

The inequity of our criminal justice system demands reform in order to make fair treatment a reality for all people. This former president of the Minneapolis NAACP and current Professor of Criminal Justice knows this issue thoroughly. Sole's memoir, *From Prison to PhD: A Memoir of Hope, Resilience, and Second Chances*, attests to that.

Pat Deckas Becerra

11:45 - Noon

ANNOUNCEMENTS

12:00 - 1:15

LUNCHEON

Lead Hostess: Elaine Braun

Guest Hostess: Vicky Dunn

Community Outreach Committee

Association Room

New Members

Fellowships Room

1:15 - 2:15

LITERARY PURSUITS

Presidents' Hall

### **The Accidental Humorist**

Speaker: Julie Schumacher, Professor of English and Creative Writing, University of Minnesota

Julie Schumacher was the first woman to win the Thurber Prize for American Humor, with her satirical novel, *Dear Committee Members*. She will talk about her foray into literary comedy, and about the problem of being described by the Star Tribune as "the funniest woman in America."

Muriel Thompson

## ***Monday, February 3, 2020***

9:30 - 10:30

THE ARTS

Presidents' Hall

### **The "M" in St. Paul: a New Life for the Minnesota Museum of American Art**

Speaker: Kristin Makhholm, Executive Director, Minnesota  
Museum of American Art

You might remember the Minnesota Museum of American Art as St. Paul's only art museum, located for a while in the old Women's City Club Building, later in Landmark Center. Its location has changed many times over the museum's 125-year history, but it's now found a permanent home in downtown St. Paul, a vibrant adaptive reuse rebuild of the 19th century Pioneer Endicott Building, designed in large part by the legendary architect Cass Gilbert. Makhholm will chart the history and rebirth of this Twin Cities' institution, including its renowned collection of American art from Paul Manship and Wanda Gag to Warren MacKenzie and Julie Buffalohead. It will reveal how important it is for a contemporary cultural institution to deeply connect with its community.

Jean Heidenreich

10:45 - 11:45

HEALTH

Presidents' Hall

### **Meeting the Health and Well-being Needs of Women in their Teens and Twenties**

Speaker: Dr. Thomas Kottke, Medical Director for Well-  
being and Consulting Cardiologist,  
HealthPartners

Girls and young women experience rapid physical, social, and emotional development. Learning how to take charge of their health and well-being is a key developmental task during this period. From developing healthy eating and

activity habits; to navigating relationships with friends and family; to developing a positive approach to mental, physical, and sexual health, girls and young women must learn how to communicate about a variety of complex and sensitive health topics during this period. To facilitate higher quality and more frequent conversations about some of these sensitive topics, HealthPartners recently developed a primary care-based adolescent health program. It is now a standard of care that all young people have private time with their clinician during every well visit. Tools were implemented to signal to young people that no topic is off limits during their visit.

DeDe Scanlon

11:45 - 12:00            ANNOUNCEMENTS

12:00 - 1:15            LUNCHEON

Lead Hostesses: Marilyn Kemme

Guest Hostess: Virginia Hansing

Development Committee

Association Room

Public Policy Committee

Fellowships Room

1:15 - 2:15

Presidents' Hall

SCIENCE and TECHNOLOGY

**Every Story is a Brain Story:  
Neuroscience and the Pursuit of Justice**

Speaker: Dr. Francis Shen, Law Professor at the University of Minnesota and Director of the Shen Neurolaw Lab

Shen will tell us how greater understanding of our brain's decision-making circuits can shape the future of criminal justice, elder justice, immigration justice, and much more. He is an innovator and leader in the new field of Neurolaw.

Ellen Hughes

## ***Monday, February 10, 2020***

9:30 - 10:30

EDUCATION

Presidents' Hall

### **Moving the Bell Museum**

Speaker: Denise L. Young, Bell Museum Executive  
Director

Learn firsthand about the remarkable process of moving Minnesota treasures to the new Bell Museum and how they have been expertly preserved and reinterpreted for a new generation of visitors. Discover the stories behind your favorite large dioramas.

Lora Opsahl

10:45 - 11:45

WOMEN'S VOICES

Presidents' Hall

### **Redefining the Way We Think about Beauty**

Speaker: Amira Adawe, Host for the KALY Radio talk  
show called *Beauty-Wellness Talk*

How do we define beauty? How do we change the beliefs that some people have—if you are dark, you aren't beautiful, and if you are light, you are beautiful. Adawe addresses the issue of skin-lightening creams, alerting her audiences about the dangers of toxic ingredients such as mercury. She hopes to lessen the demand for products called Whitenicious or Fair & Lovely. She encourages her listeners to feel proud of who they are, instead of altering themselves to fit a cultural norm.

Mary Aspnes

11:45 - 12:15 BUSINESS MEETING  
12:15 - 1:15 LUNCHEON

Lead Hostess: Cindy Matsumoto

Guest Hostess: Karen Landro

Program Committee Association Room  
Technology Committee Minneapolis Room

1:15 - 2:15 PUBLIC POLICY Presidents' Hall

### **American Democracy in a Changing World**

Speaker: Timothy R. Johnson, Morse Alumni

Distinguished Teaching Professor of Political  
Science and Law, University of Minnesota

The United States was founded as a republic, rather than a democracy, and our system of governance has evolved over time. Professor Johnson will discuss the fundamental characteristics of our political institutions (executive, legislative, and judicial branches) and the people who run them. He will speak about contemporary issues such as partisanship and policy differences. Does the government of today live up to the ideals of democracy?

Sharon Bigot

***Updated Member Pictures are Available  
in Photo Albums  
in the Library at the Gale***

Pam Kaufman has done a great job of updating the photo albums in the library. There are two volumes updated with the current members. If we don't have your photo, please speak to Sue Kearns, who will take your photo.

## ***Monday, February 17, 2020***

9:30 - 10:30            ENVIRONMENT            Presidents' Hall

### **Alternate Futures for Minnesota Forests in a Changing Climate**

Speaker: Lee E. Frelich, Director, The University of  
Minnesota Center for Forest Ecology and  
Fellow, Institute on the Environment

Minnesota has boreal forest (conifers, birch and aspen),  
temperate forest (maple, oak and basswood) and grassland  
biomes. Although this makes the state a very interesting  
place, it also means that our forests are susceptible to  
replacement by grasslands as the climate warms, with  
dramatically different future scenarios possible, depending  
on the magnitude of warming.

Barb Swanson

10:45 - 11:45            PUBLIC POLICY            Presidents' Hall

### **Reproductive Health in 2020 and Beyond**

Speaker: Lauren Gilchrist, Executive Vice President,  
External Affairs, Planned Parenthood Minnesota,  
North Dakota, South Dakota Action Fund

From state abortion bans to the United States Supreme  
Court, reproductive health care is under threat today in  
ways we haven't seen for decades. Gilchrist will present  
an overview of current reproductive health issues in  
Minnesota, our region, and nationally, as well as thoughts  
on the path forward.

Alice Stark

11:45 - Noon            ANNOUNCEMENTS

12:00 - 1:15            LUNCHEON

Lead Hostess: Georgia Wiebe

Guest Hostess: Judy Geppert

|                              |                  |
|------------------------------|------------------|
| Headlines                    | Fellowships Room |
| House Management Committee   | Association Room |
| Marketing Committee          | Minneapolis Room |
| Scholarship Committee (2:15) | Minneapolis Room |

1:15 - 2:15            HEALTH            Presidents' Hall

**Herbal Medicine  
and the Oxymoron of the Dangerous Placebo**

Speaker: Erica Fargione, Herbalist and Educator

Herbal medicine is an intrinsic part of global healthcare. Why then does the United States healthcare system assume that herbs are either dangerous or placebos? What do we lose when we no longer interact with nature and the plants to heal and support health? Herbalist Fargione will share stories of her herbal practice illustrating the value of adding herbs to healthcare.

Fargione is a practicing herbalist and educator from Minneapolis. She has been studying and practicing herbal medicine for the past 23 years and currently teaches the nation's first accredited Herbal Studies program at Minneapolis Community and Technical College, bringing nature's apothecary into the college curriculum.

Marcia Soderholm



## ***Monday, February 24, 2020***

9:30 - 10:30 **MONDAY INTEREST GROUPS**

Please see the Bulletin page 18

NON-FICTION BOOK DISCUSSION Founders Room

***A Season on the Wind*** by Kenn Kaufman

Discussion Leader: Sheryl Sostarich

In *A Season on the Wind*, penned by a renowned ornithologist, Kaufman gives us a close look at the amazing science and magic of spring bird migration along Lake Erie in northwestern Ohio. This region is the focal point of one of the world's largest birding festivals. Kaufman also discusses how climate change and wind farms threaten the patterns of migration and reduce the population of several species.

LITERATURE DISCUSSION Heritage Room

***The Women in the Castle*** by Jessica Shattuck

Discussion Leader: Elaine Kirk

Maria, the widow of a resister murdered in a failed plot to assassinate Hitler, returns to her husband's crumbling family castle, where she plans to uphold a promise she made to his brave conspirators: to find and protect their wives, her fellow resistance widows. Subsequently, the women forge bonds of survival and strength—which are tested by events beyond their control.

GREAT DECISIONS Presidents' Hall

Topic: **United States Relations with the Northern Triangle: Guatemala, Honduras, El Salvador**

Leaders: Barbara Taft and Joyce Prudden

HANDWORK/CRAFTS Dining Room

Activity: **Handwork**

Join Ann Vanvick in designing and creating your own unique beaded name tag necklace.

**KNOW YOUR DEVICE**

Minnesota Room

Facilitator: Alice Heth

This users group will answer each other's questions about smart phones, iPads, and general technology mysteries.

10:45 - 11:45 LITERARY PURSUITS Presidents' Hall

***Stars and the Blackness Between Them***

Speaker: Junauda Petrus, Author, Pleasure Activist, Filmmaker, Performance Artist, Co-Founder of Free Black Dirt

Petrus' debut young adult novel, told in the voices of two young queer black women, is a testimony to love that is stronger than oppression and heartbreak, astrological predictions, ancestral magic, and the wisdom of Whitney Houston. Petrus will share her inspiration for writing this book, as well as the role of literature and art in her own activist journey.

Wendy Woodfill

11:45 - Noon ANNOUNCEMENTS

12:00 - 1:15 LUNCHEON

Lead Hostess: Elaine Braun

Guest Hostess: Vicki Dunn

Community Outreach Committee

New Members

Association Room

Fellowships Room

(continued on the following page)

***Monday, February 24, 2020***

(Continued from previous page)

1:15 - 2:15

EDUCATION

Presidents' Hall

**America's Immigration Policy:  
Where We Are and How We Arrived There**

Speaker: Howard S. (Sam) Myers, Immigration Lawyer,  
Adjunct Law Professor, University of Minnesota  
Law School

Myers will share his perspective as an immigration lawyer. He will briefly discuss the history of American immigration law and how we came to the place we currently occupy, with a particular emphasis on the evolution of immigration law since the election of President Trump. Myers will focus on the role of immigration in our country, the broad values and principles it embodies, where we appear to be headed, and what challenges we face.

Kay Kessel

***The President's Table . . .***

If you've been invited to sit at the President's Table for lunch, follow these suggestions.

- Make your reservation by the prior Friday noon.
- Make your lunch payment to the Guest Hostess before the 9:30 a.m. program.
- Leave the President's Hall when the president invites you to do so at the end of the announcement period.
- Find your seat at the table which will be marked with your place card.

Susie Erickson

## *Notes*

## ***Meal Reservations and Cancellations:***

**Reservations and Cancellations\*:** must be done by noon on the previous Friday

**1. On-line:** Click on <https://signup.com/go/KhfsLUC>  
The first page gives you instructions. You will have to enter your name and email address the first time, but not on return visits. You can check all the meals for which you want to make a reservation, cancel a previous reservation, add guests, and add a note—such as any special food needs, etc. You will get an immediate confirmation and "Thank You" email. You can use this as proof that you registered (or canceled) if there is any question.

**2. By Phone: 651-220-4777**

You can still call in your reservation if you do not use the on-line system.

\* If you fail to cancel your lunch or dinner reservation by noon the Friday before the event, it is your responsibility to pay for the meal reserved for you by bringing a payment to the office or by adding the additional amount to your next meal fee.

**Meal costs:**

- **Monday luncheon: \$20      Late reservation \$22**
- **Tuesday dinner: \$30      Late reservation \$32**
- **Evening social time:**
  - Wine: \$6 per glass**
  - Non-alcoholic beverages: \$2 per glass**

**Table reservations:** Lunch tables for Monday may be reserved only if you have guests. Table reservations may **not** be made by phone. Reserve a table at the Guest Hostess Table in the first floor hallway before 9:30 a.m. on the Monday of your reservation.

**Annual reservations:** You can reserve meals online for the entire year by clicking on all of the dates you plan to attend. You can also call in your annual reservation at 651-220-4777.

**Meal information:** Because we believe our catering staff can accommodate all meal needs, it will not be possible for members to bring their own meals to the house. Our ability to provide healthy meals to a large number of people in a short time at a reasonable cost depends largely on volume. If you require a special diet, indicate that request when making a meal reservation. Our staff prepares low-fat, low-sodium meals without MSG. If you have made a reservation for a special meal, that will be your meal.

**Please do not switch meals.**

**Alternative meals:** Please request a form for alternative meals from the catering office at 612-870-1662. Provide a statement detailing your dietary restrictions. Please help the chef by providing suggestions of food items which will work for you.

On the day of the meal, pick up your **special diet card** in the lower level lobby. Display this card at your table, and alert the server as to your meal request.

A vegetarian meal is the only available alternative meal on Tuesday evenings.

***Bulletin Deadline***

January 8 is the due date for  
March, April, May, and summer Bulletin items.  
Thanks.

Marilyn Oliphant 952-469-4387  
**[mloliphant@charter.net](mailto:mloliphant@charter.net)**

**Bulletin of the Minneapolis Branch  
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